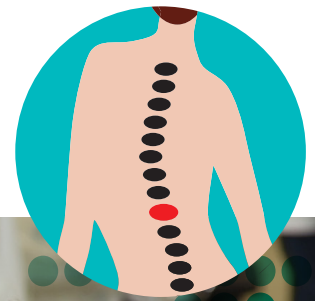


# PRESSURE INJURY RECURRENCE TOOLKIT



## PREVENTING PRESSURE INJURY RECURRENCE IN PEOPLE WITH SCI

An evidence based toolkit developed by EWMA in collaboration with Wounds Australia, supporting the prevention of recurrent pressure injuries in people living with spinal cord injury (SCI).

### PURPOSE

The EWMA Pressure Injury Recurrence Toolkit addresses the high and persistent risk of pressure injury recurrence, particularly among people living with spinal cord injury. The toolkit provides practical and structured resources to support coordinated prevention across the entire care pathway, from acute care to long term follow up in the community.

## TOOLKIT ACROSS THE CARE PATHWAY



### Hospital – Acute care

- Early initiation of pressure injury prevention after SCI
- Systematic skin assessment and pressure relief
- Early involvement of SCI specialised teams



### Rehabilitation

- Structured, multidisciplinary prevention strategies
- Education of individuals with SCI and relatives
- Transition planning and development of self management skills



### Home – Long term care

- Discharge and follow up planning
- Guidance on seating, surfaces and medical devices
- Clear responses to early warning signs

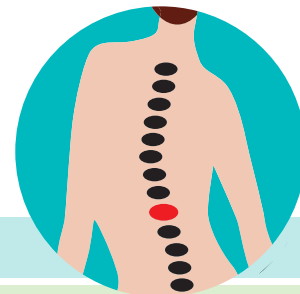
## WHO THE TOOLKIT IS FOR



The toolkit is designed for all involved in prevention of pressure injury recurrence.

- Healthcare professionals in acute, rehabilitation and community settings
- People living with spinal cord injury
- Family members and informal caregivers

# PRESSURE INJURY RECURRENCE TOOLKIT



## WHAT THE TOOLKIT CONTAINS



A comprehensive collection of evidence-based materials supporting both clinical practice and everyday prevention:

- Short clinical guidance documents
- Practical checklists and clinical pathways
- Educational fact sheets
- Training materials and presentations
- Videos, podcasts and case stories
- Patient and caregiver friendly information

Resources are tailored to different user groups and care settings, enabling consistent prevention practices.

## KEY ELEMENTS FOR PREVENTING RECURRENCE



The toolkit is built on the following principles:

- Prevention beyond healing: Risk of recurrence remains after wound closure
- Person-centred care: Active involvement of individuals with SCI and caregivers
- Multidisciplinary practice: SCI-specialised expertise is essential
- Continuity of care: Prevention must follow the individual across settings
- Education and self-management: Knowledge supports sustainable prevention.

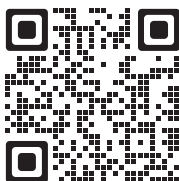
## FREE RESOURCES



Download all resources in the toolkit free of charge via <https://ewma.org/pressure-injury-recurrence/>

© 2026 European Wound Management Association (EWMA). Pressure Injury Recurrence: An evidence-based toolkit providing guidance for healthcare professionals, patients, and informal caregivers, with strategies to prevent recurrence among individuals with spinal cord injury.

Developed by EWMA & Wounds Australia by an international expert group.



ACCESS TOOLKIT FREE OF CHARGE  
VIA THE EWMA WEBSITE

Supported by:

