

# Kara Springfield Couch MS, CRNP, CWCN-AP, FAAWC

## Education

2002	Master of Science (Family Nurse Practitioner)	Georgetown University, Washington, DC
1999	Bachelor of Science in Nursing	James Madison University, Harrisonburg, VA

## Employment

December 2020- present	Director, Wound Care Services, George Washington University Hospital, Washington, D.C.
April 2019- present	Nurse Practitioner- George Washington University Hospital, Wound Healing and Limb Preservation Center, Division of Vascular and Trauma Surgery
July 2020-present	George Washington University, School of Medicine and Health Sciences, Associate Research Professor of Surgery
August 2014-March 2019	Nurse Practitioner- Medical Faculty Associates, George Washington University Hospital, Wound Healing and Limb Preservation Center, Division of Vascular Surgery
	Interim Clinical Coordinator- February 2016-January 2017
	Interim Program Director - Jan 2016-February 2016
June 2018-June 2019	Clinical Associate, University of Pennsylvania School of Nursing
February 2018- January 2021	Director, Inpatient Wound Care, George Washington University Hospital
July 2017-June 2020	George Washington University, Assistant Research Professor of Surgery, School of Medicine and Health Sciences
January 2017- April 2017	George Washington University, Adjunct Clinical Faculty, Department of Health, Human Function and Rehabilitation Science, School of Medicine and Health Sciences
August 2014-June 2017	The Shanmugam Laboratory, Nurse Scientist, School of Medicine and Health Studies, George Washington University

CV- KS Couch

George Washington University

September 2024

June 2009-August 2014	Walter Reed National Military Medical Center Bethesda National Naval Medical Center* Walter Reed Army Medical Center*
	*Combined into a single facility (WRNMMCB) in September 2011 The Henry M. Jackson Foundation for the Advancement of Military Medicine Nurse Practitioner- The Complex Wound and Limb Salvage Center (CWLSC) Department of General Surgery
April 2003- March 2009.	Georgetown University Hospital Nurse Practitioner- The Center for Wound Healing and Hyperbaric Medicine Department of Plastic Surgery, Division of Wound Healing
January 2003- May 2005	Georgetown University School of Nursing and Health Studies Department of Professional Nursing Adjunct Clinical Instructor
August 1999- April 2003	Georgetown University Hospital Clinical Nurse III- 6 Main
November 2001- 2003	Med Staff Inc, Annandale, Va Clinical Nurse (Medical-Surgical) Per diem nursing shifts

## Scholarly Publications

### a) Papers in Refereed Journals

1. Kim PJ, Fernandez L, Obst MA, Chaffin A, Faust E, Lantis J, Couch K, Desvigne M, Suski M, Kundu N, Matthews M, Simman R, Murphy C, Nierenberg NE, Téot L. Multidisciplinary expert consensus statements and recommendations for use of hypochlorous acid as a solution for negative pressure wound therapy with instillation. *Wounds*. 2024 Apr;36(4):108-114. PMID: 38743855.
2. Van Overhagen H, Nakamura M, Geraghty PJ, Rao S, Arroyo M, Soga Y, Iida O, Armstrong E, Nakama T, Fujihara M, Ansari MM, Mathews SJ, Goueffic Y, Jaff MR, Weinberg I, Pinto DS, Ohura N, Couch K, Mustapha JA. (October 2023). Primary Results of the SAVAL Randomized Trial of Paclitaxel-luting Nitinol Stent Versus Percutaneous Transluminal Angioplasty in Infrapopliteal Arteries. *Vascular Medicine* doi/full/10.1177/1358863X231199489
3. Morgan-Jones R, Sandy-Hodgetts K, Bruwer F, Chabal L, Clegg H, Couch K, Cudmore A, Lantis J, LeBlanc K, Nair HK, Parrat T, Reed M, Sandiford NA, Tariq G, Torkington J. (July 2023) Harmonised Glossary of Wound Care Terms. *Journal of Wound Care*; 32(Sup7b):1-16. doi: 10.12968/jowc.2023.32.Sup7b.1.
4. Panahi A, Couch KS, White PB, Chao JW (January 2023) Acute Skin Failure Associated with Severe Covid-19. *Plastic and Reconstructive Surgery*; 151(1): 185e-186e. doi: 10.1097/PRS.0000000000009748.
5. Couch KS. (December 2022) All Evidence Is Not Created Equal: What Makes Good Clinical Data? *Wound Masterclass*; 1(3), 16-20.
6. Vlad LG, Couch KS, Call E. (September 2022) Mastering the Art of Compression in Healing Venous

- Ulcers. *Wound Masterclass*; 1(2), 108-117.
7. Bryant R, Milne C, Bohn G, Couch K, Waters N, Bates-Jensen B. (March 2022) Bid from the Association for the Advancement of Wound Care. *Journal of Wound Care*; 31(Sup3):S16-S18. doi: 10.12968/jowc.2022.31.Sup3.S16.
  8. Driver VR, Couch KS, Eckert KA, Gibbons G, Henderson L, Lantis J, Lullove E, Michael P, Neville RF, Ruotsi LC, Snyder RJ, Saab F, Carter MJ. (January 2022) The Impact of the SARS-COV-2 Pandemic on the Management of Chronic Limb-Threatening Ischemia and Wound Care. *Wound Repair and Regeneration*; 30(1): 7-23. doi: 10.1111/wrr.12975
  9. Lantis JC, Barrett C, Couch KS, Ehmann S, Greenstein E, Ostler M, Tickner A. (September 2020). A dual compression system: preliminary clinical insights from the US. *Journal of Wound Care*
  10. Malphrus E, Couch K, Chao JW. (November 2019) A Novel Association of Martorell Ulcer with Liddle Syndrome. *Advances in Skin and Wound Care*; 32(11):1-2. doi: 10.1097/01.ASW.0000582616.30031.19.
  11. Gould LJ, Bohn G, Bryant R, Paine T, Couch K, Cowan L, Mcfarland F, Simman R. (September 2019) Pressure Ulcer Summit 2018: An Interdisciplinary Approach to Improve Our Understanding of the Risk of Pressure-Induced Tissue Damage. *Wound Repair and Regeneration*; 27(5):497-508. doi: 10.1111/wrr.12730
  12. Limb Loss Task Force/Amputee Coalition of America, Roadmap for Improving Patient-Centered Outcomes Research and Advocacy. Knoxville, Tennessee: ACA; 2019.
  13. Snyder RJ, Jensen J, Applewhite AJ, Couch K, Joseph WS, Lantis JC, Serena TE. (May 2019) A Standardized Approach to Evaluating Lower Extremity Chronic Wounds Using a Checklist. *Wounds*; 31(5 Suppl): S29-S44
  14. Choi Y, Banerjee A, McNish S, Couch KS, Torralba MG, Lucas S, Tovchigrechko A, Madupu R, Yooseph S, Nelson KE, Shanmugam VK, Chan AP. (April 2019) Co-occurrence of Anaerobes in Human Chronic Wounds. *Microbial Ecology*; 77(3):808-820. doi: 10.1007/s00248-018-1231-z.
  15. Farhat F, Akhiyat S, Couch K, Friedman A. (September 2018) Implementation of a wound care curriculum in medical student and resident training. *Journal of the American Academy of Dermatology*; 73(3), sup 1. doi.org/10/1016/j.jaad.2018.05.662
  16. Zakhary SA, Davey C, Bari R, Bean J, Reber T, Gallagher K, Couch K, Hurlow J, Laforet K, McIsaac C, Napier K, Vilar-Compte D, Zakhary E, Hermans M and Bolton L. (November 2017). The Development and Content Validation of a Multidisciplinary, Evidence-based Wound Infection Prevention and Treatment Guideline. *Ostomy Wound Management*; 63(11):18–29
  17. Couch KS, Corbett LQ, Gould L, Girolami S, Bolton LL. (May 2017) The International Consolidated Venous Ulcer Guideline Update 2015: Process Improvement, Evidence Analysis, and Future Goals *Ostomy Wound Management*; 63(5); 42-46.
  18. Patel FB, Couch KS, McNish S, Miller JD, Siegel R, Easley S, Shanmugam VK. (March 2017) A 66 year-old woman with hemoptysis. *Arthritis Care Res (Hoboken)*; 69(3):439-448. doi: 10.1002/acr.22820
  19. Shanmugam VK, Couch KS, McNish S, Amdur RL. (January 2017) Relationship between Opioid Treatment and Rate of Healing in Chronic Wounds. *Wound Repair Regeneration*; 25(1):120-130. doi: 10.1111/wrr.12496.2016.
  20. Gould LJ, Dosi G, Couch KS, Gibbons GW, Howell RS, Brem H, Tomic-Canic M. (September 2016) Modalities to Treat Venous Ulcers: Compression, Surgery and Bioengineered Tissue. *Plastic and Reconstructive Surgery*; 138: 199S-208S doi: 10.1097/PRS.0000000000002677.

21. Couch K. (October 2015) Honey-Impregnated Dressings for Treating Challenging Dehisced Surgical Wounds. *Ostomy-Wound Management*; 61(10):8-9.
22. Hurlow, J; Couch, K; LaForet, K; Bolton, L; Metcalf, D; & Bowler, P. (May 2015) Clinical Biofilms: A Challenging Frontier in Wound Care. *Advances in Wound Care*; 1;4(5):295-301.
23. Shanmugam VK, Fernandez SJ, Evans KK, McNish S, Banerjee AN, Couch KS, Mete M, Shara N. (March-April 2015) Postoperative wound dehiscence: Predictors and associations. *Wound Repair Regen*; 23(2):184-90.
24. Couch, KS, Cnossen, LA. (April 2014) Hypochlorous Acid and Hydroconductive Dressings Used in Conjunction for Management of Complex Wounds. *Ostomy-Wound Management*; 8-11.
25. Couch, KS, Cnossen, LA, Hough, C. (October 2013) Hydroconductive Dressings Used to Heal Dehisced Surgical Wounds: A Case Series. *Ostomy-Wound Management*; 8-10.
26. Couch, KS (April 2012) Discovering Hydroconductive Dressings. *Ostomy-Wound Management*; 8-10.
27. Couch, KS, Stojadinovic, A. (Jan 2011) Negative Pressure Wound Therapy in the Military: Lessons Learned. *Plastic and Reconstructive Surgery*. 127 Suppl 1:117S-130S.
28. Attinger, CE; Hoang, H; Steinberg, JS; Couch, KS; Hubley, KJS; Winger, L; Kugler, MC. (November 2008) How to Make a Hospital Based Wound Care Center Financially Viable: The Georgetown University Hospital Model. *Gynecologic Oncology*; 111 (2):1S (S92-S97).
29. Ducic, I; Mafi, A; Attinger, CE; Couch, KS; Al-Attar, A. (July 2008) The Role of Peripheral Nerve Surgery in Management of Chronic Painful Wounds: Indications and Outcomes. *Plastic and Reconstructive Surgery*; 122 (1); 193-7
30. Attinger, CE; Janis, JE; Steinberg, JS; Schwartz, J; Al-Attar, A; and Couch, K. (June 2006). Clinical Approach to Wounds: Debridement and Wound Bed Preparation Including the Use of Dressings and Wound-Healing Adjuvants; *Plastic and Reconstructive Surgery*, 117: 7S (72S-109S)

## b) Papers in Non-Refereed Journals

1. Couch KA, Siegel M. (December 2021). Drown Out the Noise: The Principles of Ideal Dressing Selection. *WoundSource* white paper.
2. Couch KS, Milne CT. (May 2020). The Skin You Were In...The Impact of Covid-19 on Patient and Provider Skin. *Wound Central* 4(2); 24-27.
3. Couch, KS. (Ed.) (July 2019) Focus on Wound Care Technology. *Wound Central* 3(3); 115-168.
4. Couch KS. (May 2017) The Expanding Role of the Nurse and the NP in Chronic Wound Care. *Today's Wound Clinic*. 11(5).
5. Couch, KS (September 2016) Perioperative Education: Health Literacy and Patient Education Materials, *Current Dialogues in Wound Management*; 2(3), 27-28.
6. Couch, KS (June 2016) Wound Care Diagnostics: Infection., *Current Dialogues in Wound Management*; 2(3), 9-10.
7. Couch KS (March 2016) Case Study: Multidisciplinary Care at Walter Reed, *Current Dialogues in Wound Management*; 2(1), 3-4.

8. Couch, KS (December 2015) Management of Donor Sites after Split-thickness Skin Grafting. *Current Dialogues in Wound Management*; 1(4), 5-6.
9. Couch, KS (September 2015) Medicolegal and Economic Implications of Hospital Acquired Pressure Ulcers. *Current Dialogues in Wound Management*; 1(3), 17-18.
10. Couch, KS (April 2015) Inflammation versus Infection in a Chronic Leg Ulcer: How to Evaluate. *Current Dialogues in Wound Management*; 1(2), 9-10.
11. Couch, KS (January 2015) Management of Dehisced Groin Incisions, *Current Dialogues in Wound Management*; 1(1), 5-6.

## c) Chapters in Books

1. Couch, KS. Introduction to Abdominal Wound Care (2013), *Advances In Abdominal Wall Reconstruction* By Albert Losken and Jeffrey E. Janis, St. Louis, MO: Quality Medical Publishing.
2. Rattan, G, Kulwin, D, Levine, M, Al-Hariri, A, Schwartz, J, Couch, KS. Management of Ocular Adnexal Trauma (2012) *Smith and Nesi's Ophthalmic Plastic and Reconstructive Surgery*, Evan H. Black, Frank A. Nesi, Geoffrey J. Gladstone, Christopher J. Calvano, Mark R. Levine, Springer Science & Business Media, 3rd Ed., 207-229

## e) Abstracts

1. Litchfield C, Couch KS, Hess M. (April 2021). Don't Let Your Flip Be a Flop. National Teaching Institute and Critical Care Exposition, American Association of Critical Care Nurses. Virtual Meeting
2. Couch, KS, Schwartz, J, and Loeb, S. (March 2006). Incidence of Mycobacterial Infections Related to Nail Salons. *Wounds*; 18 (3), A40.
3. Venturi, ML; Mesbahi, A; Couch, KS; and Attinger CE. (2005). Glabrous versus Non-glabrous skin grafts as Coverage for Plantar Foot Ulcers. Presented at the American Society for Microvascular Reconstruction and Plastic Surgery meeting in Puerto Rico.

### 11) Presentations

#### a) Regional Presentations

- October 21, 2023 Couch KS. "Tissue Damage in ECMO Patients". Speaker, The 1<sup>st</sup> Annual ICU Symposium, The George Washington University Hospital, Washington DC
- October 14, 2022 Couch KS. "Case Presentation: Putting It All Together". Moderator and Speaker. Trauma Symposium, The George Washington University Hospital, Washington DC
- October 14, 2022 Couch KS. "Wound Care for the Trauma Patient: Not Just Band-Aids". Trauma Symposium, The George Washington University Hospital, Washington DC
- March 14, 2019 Couch KS. Risk of Pressure Injuries, What the Frontline RN Needs to Know. Nursing Grand Rounds, Inova Fairfax Medical Center, Falls Church VA
- November 28, 2018 Couch KS. Medtech Showcase: Controlling and Treating Diabetes. Rayburn House Office Building, Washington DC. Sponsored by Advamed.

- December 19, 2017 Couch KS. Advancing Nursing Practice. Nursing Grand Rounds. George Washington University Hospital, Washington, D.C.
- April 20, 2017 Couch KS. Basic Principles of Wound Management. AP Grand Rounds. George Washington University Hospital, Washington, DC.
- November 2, 2016 Farhat, F, Couch, KS. Basic Principles of Wound Care Management. GME Core Curriculum lecture. School of Medicine and Health Sciences, George Washington University, Washington DC.
- May 3, 2016. Couch KS. Wound Care in 2016. Grand Rounds, Department of Internal Medicine, Medical Faculty Associates, Washington DC.
- April 5, 2016. Akhiyat, S; McNish S, Anirban Banerjee A; Kara Couch K; Shanmugam VK. Medical Student Competency in Wound Care Guidelines GW Research Day, School of Medicine and Health Studies, George Washington University (poster presentation)
- April 25, 2014 Couch, KS, Cnossen, LC. Topical Therapy and Case Studies. 7<sup>th</sup> Annual DoD Wound Course, Walter Reed National Military Medical Center, Bethesda MD
- April 24, 2014 Couch, KS. Caring for Those Who Served, Healing the Wounds of the Wounded Warriors 2nd Annual Trauma Symposium, Walter Reed National Military Medical Center, Bethesda MD
- October 8, 2013 Couch. KS. Caring for Those Who Served Us, Wounds of the Wounded Warriors Virginia Hospital Center Wound Symposium, Arlington, VA
- August 22, 2013 Couch, KS, Cnossen LC. Topical Therapy: Grand Rounds- Dermatology Service. Walter Reed National Military Medical Center, Bethesda MD
- April 2013 Couch, KS. Topical Therapy, DoD 6th Annual Wound Course, Walter Reed National Military Medical Center, Bethesda MD
- March 23, 2013 Couch, KS Lower Extremity Wounds and Advanced Wound Care- 1<sup>st</sup> Annual Lower Extremity Course, Baltimore VA
- January 23, 2013 Couch, KS, Cnossen, LC Wound Care for the Physiatrist Grand Rounds- Physical Medicine and Rehabilitation Service. Walter Reed National Military Medical Center, Bethesda MD
- August 10, 2012 Couch, KS VACs and Wound Care for the Surgical Resident- General Surgery Service Walter Reed National Military Medical Center, Bethesda MD
- April 2012 Couch, KS Wound Care for the Orthopaedic Resident- Orthopaedic Surgery Service Walter Reed National Military Medical Center Bethesda MD
- October 2011 Couch, KS Topical Therapy. 5th Annual DoD Wound Care Course, Bethesda, MD
- May 25, 2011 Couch, KS; Development of Wound Care Related Formularies in Medical Treatment Facilities. Medical Materiel Enterprise Standardization Offices (MMESO) Face-to-Face Conference Joint Base Andrews, MD
- April 21, 2011 Couch, KS: Wound Care: Topical Therapy Grand Rounds, Orthopaedic Surgery Service Walter Reed National Military Medical Center, Bethesda MD
- March 2010 Couch KS. Topical Therapy 4th Annual DoD Wound Care Course, National Naval Medical Center Bethesda MD

- March 2010 Couch, KS. Pain Management in Wound Care 4th Annual DoD Wound Course, National Naval Medical Center, Bethesda MD
- March 2010 Couch, KS. Wound Center Development. 4th Annual DoD Wound Course, National Naval Medical Center, Bethesda MD
- May 6, 2009 Couch, KS. Lower Extremity Ulcer Etiology, Diagnosis and Management 2nd Integrated Wound Course, National Naval Medical Center. Bethesda MD.
- September 2007 Couch, KS Advanced Wound Healing Techniques in the Vascular Patient. Greater Washington Society for Vascular Nursing, Chevy Chase MD.
- January 17, 2007 Couch, KS Antimicrobial use in the Age of Antibiotic Resistance OR Nurses Skills Day, Georgetown University Hospital Washington, D.C.
- October 2006 Couch, KS; Attinger CE; Steinberg JS. Innovations in Advanced Wound Healing Conference Day conference. Meeting planner and lecturer, Washington, D.C.

## a) National/International Presentations

- June 19, 2024 Couch KS, Bauer KL. Concepts in Polyvascular Disease: Prevention, Patient, Population, and Practice. VAM 24/Society of Vascular Nursing annual meeting, Chicago, IL.
- June 4, 2024 Couch KS. Evidenced Based Approaches to Managing Wounds from Hospital to Discharge. Nurses Specialized in Wound, Ostomy, Continence Canada (NSWOCC) Annual Meeting, virtual.
- May 17, 2024 Couch KS, Bauer KL. Compression Therapy for the Venous and Mixed Arterial Patient: A Fundamentals Review SAWC Spring Orlando, Florida
- May 17, 2024 Couch KS. The Next Generation in Chronic Wound Healing- The latest clinical data on the autologous, multi-layered, platelet rich fibrin patch, Breakfast Symposium. SAWC Spring Orlando, Florida
- May 16, 2024 Murray A; Couch KS; Siegel M. Beyond Basic Debridement: Elevate your Options with a New Dressing Technology, Breakfast Symposium. SAWC Spring Orlando, Florida
- May 15, 2024 Weir D; Couch KS; Chaffin A; Mallow P. Investing in Clinical Outcomes with pH A: Pure Hypochlorous Acid: Aligning evidence-based practice with value-based purchasing. Breakfast Symposium SAWC Spring Orlando, Florida
- May 14, 2024 Couch KS; Douglas M; Randol B; Rhodes H. Wound Care Expert Forum: The Role of the Advanced Practice Provider in Wound Care. SAWC Spring Orlando, Florida
- May 14, 2024 Desvigne M; Faust E; Couch K, Singh D. Innovations in Negative Pressure Wound Therapy (NPWT): A Hands-On Skills Lab. SAWC Spring Orlando, Florida
- May 3, 2024 Nusgart M; Couch KS; Bohbot S; Braber E; Kirketerp-Moller, K. Advocacy in Wound Care: US and Europe. European Wound Management Association (EWMA) 2024, London, England
- May 2, 2024 Bates-Jensen, B; Couch KS Disparities in Wound Care Delivery. European Wound Management Association (EWMA) 2024, London, England

April 12, 2024	Couch KS. Dressing for Success: Optimizing Your Toolbox. Diabetic Limb Salvage 2024; Washington DC
April 10, 2024	Couch KS, Schaum K. Steps for Reimbursement for the Team. Diabetic Limb Salvage 2024; Washington DC
March 20, 2024	Desvigne, M; Shah S, Schultz G, Couch KS. Debridement Day. WoundCon Spring 2024. Online
March 20, 2024	Couch KS, Schultz G, Chaffin AE, Kim PJ Optimizing the Use of Wound Antiseptics. WoundCon Spring 2024. Online
January 1, 2024	Couch KS. Lymphedema: Root Causes, Diagnostics and Treatment Options. American Association of Nurse Practitioners: Course of the Month. Online CE, available online in the CE Center AANP
November 3, 2023	Couch KS, MacNichol L, Milne C. Transforming Skin Integrity: Managing MASD, IAD and Other Skin Injuries with Scientific-Based Strategies, Symposium on Advanced Wound Care, Las Vegas NV
November 3, 2023	Couch KS, Fernandez L, Faust E. Overlooked: Failures in Evidence-Based Cleansing. Symposium on Advanced Wound Care, Las Vegas NV
October 20, 2023	Couch KS, Fukaya E, Ennis W, Seamen S, Desai K Venous Ulcer Workup Panel Discussion, ACWHTR Live! 2023, Chicago IL
October 20, 2023	Couch KS, Altman I, Ennis W, Seamen S, Kolluri R Atypical Ulcer Workup Panel Discussion, ACWHTR Live! 2023, Chicago IL
September 16, 2023	Couch KS. "Wound Care Arts and Crafts: Using Creativity with Negative Pressure Wound Therapy Applications". Wild on Wounds National Conference, Hollywood Florida
September 15, 2023	Hess CT, Couch KS. "Launching Innovation: How to Introduce New Technology to Your Team and Get C-Suite Buy-In". Wild on Wounds National Conference, Hollywood Florida
June 15, 2023	Couch KS. "Lymphedema" Society of Vascular Nursing 2023 Annual Conference, National Harbor, MD
May 24, 2023	Obst MA, Couch KS, Meyer B, Schommer K. "Innovative Skin Management Approaches for Prevention and Treatment of Critical Care Patients" 2023 National Teaching Institute and Critical Care Exposition (NTI). Philadelphia, PA
November 12, 2022	Couch KS. "All Evidence Is Not Created Equal: What Makes for Good Clinical Data in Wound Care". AAWC 2022 Annual Conference, Salt Lake City UT
November 11, 2022	Couch KS. "Transitioning Technology into Your Practice: Navigating the Process". AAWC 2022 Annual Conference, Salt Lake City UT
October 1, 2022	Couch KS. "Lymphedema: Root Causes, Diagnostics and Treatment Options" Inova Limb Preservation Symposium: Advances in Wound Healing and Revascularization. Fairfax, VA
September 9, 2022	Couch KS. "Get Your Head Out of the Sand: Address Post-op Complications Early" Wild on Wounds, Hollywood FL.
May 19, 2022	Couch KS, Brode S, Coughlin L. "State of Clinical Practice Guidelines and Commercial



	Health Technology Assessment (HTA) and Review Guidelines: How are they created and used by Clinicians and Payers?" Wound Care Evidence Summit, Bethesda MD.
April 9, 2022	Couch KS, Vlad L, Call E. "Compression Therapy Should Not Be a Burden", SAWC Spring, Phoenix AZ
March 11, 2022	Couch KS. "Under Pressure- Avoiding Complications with Negative Pressure Wound Therapy". Woundcon Spring 2022, virtual meeting
December 5, 2021	Couch KS. "Post-Amputation: Protecting the Rest". Desert Foot 2021, virtual meeting
October 10, 2021	Couch KS. "Post-Amputation: Preventing Further Damage". SuperBones Super Wounds West 2021, virtual meeting
August 13, 2021	Couch KS. "Medications Used to Address Covid-19 Vascular Issues". Oklahoma Association of Clinical Nurse Specialists Advanced Pharmacology Conference, virtual meeting
April 11, 2021	Couch KS. "Rules of the Road: Patient Engagement". Leg Ulcer and Compression Days. AAWC Regional Summit: Virtual meeting.
December 6, 2020	Couch KS. "Know Your P's and Q's: Regulatory Guidance to Maximize Reimbursement". Desert Foot 2020, virtual meeting
November 13, 2020	Couch KS. "Amputation and Prosthetic Management: Elevating the Standard". WoundCon Fall 2020, virtual meeting
November 13, 2020	Couch KS. "Amputation and Prosthetic Management: Elevating the Standard". WoundCon Fall 2020, virtual meeting
October 25, 2020	Couch KS, Wahab N, Farrer, MD. "#cantmakethisupwoundcare: Case Studies!" Superbones Super Wounds 2020 West, virtual meeting
October 25, 2020	Couch KS. "Why Did You Wait So Long? Tips to Prevent Acute Wounds from Becoming Chronic". Superbones Super Wounds West 2020, virtual meeting
October 23, 2020	Couch KS. "Know Your P's and Q's: Regulatory Guidance to Maximize Reimbursement". Superbones Super Wounds West 2020, virtual meeting
August 22, 2020	Couch KS, Nathan E. "Skin Wounds: Between the trauma and getting to the doctor- Strategies for self-managing skin problems". Amputee Coalition National Meeting 2020; virtual meeting.
August 22, 2020	Couch KS, Strube L. "Quick-Fire- Mental and Physical Health". Amputee Coalition National Meeting 2020' virtual
July 17, 2020	Couch KS. "Covid Toes and Other Skin Abnormalities Related to the Covid-19 Virus". WoundCon Summer 2020, virtual meeting
April 2, 2020	Couch KS, Regulski M, McGuire J. "Offloading the Diabetic Foot Across the Continuum". WoundCon Spring 2020, virtual meeting
November 3, 2019	Couch KS, Haddow M, McKee J. "All Hands on Deck: The Team Approach". Lower Extremity Summit, Sacramento CA. Invited Moderator

November 3, 2019	Couch KS. “Regulatory: Call to Action”. Lower Extremity Summit, Sacramento CA, Invited Speaker
November 3, 2019	Couch KS. “Bioburden Continuum 2: Systemic Infections, Antibiotic Stewardship”. Lower Extremity Summit, Sacramento CA, Invited Speaker
November 3, 2019	Couch KS. “If It Quacks Like A Duck: Atypical Wounds”. Lower Extremity Summit, Sacramento CA, Invited Speaker
November 3, 2019	Couch KS, Aviles F. “Confucius Say: All Mixed Up! Wounds with Mixed Etiologies”. Lower Extremity Summit, Sacramento CA, Invited Speaker
October 9, 2019	Couch KS, Horine A. “How Integration Using SMART on FHIR with Cerner Can Optimize Wound Care Delivery”. Cerner Health Conference 2019, Kansas City MO, Invited Speaker
September 11, 2019	Couch KS “One Foot, Two Foot, Red Foot, Blue Foot: Management of the Diabetic Foot” Wild On Wounds 2019, Las Vegas NV
September 11, 2019	Couch KS “Advanced NPWT: How’d They Do That?” Wild On Wounds 2019, Las Vegas NV
September 11, 2019	Couch KS “Negative Pressure Wound Therapy 101” Wild On Wounds 2019, Las Vegas NV
August 17, 2019	Couch KS, Hurlow J, Nazzal M, Aviles F. Multi-Disciplinary Team-Based Care: Case Discussions. Wound Infection Summit, Detroit MI. Invited Moderator
August 17, 2019	Couch KS, Hurlow J. Topical Management. Wound Infection Summit, Detroit MI. Invited Speaker
August 17, 2019	Couch KS, Shook J. What Do The Guidelines Tell Us? Wound Infection Summit, Detroit MI. Invited Speaker
April 27, 2019	Couch KS, Kalan L. Improving Clinical Assessment in Suspected Wound Infection. Wound Infection Summit, Atlanta GA. Invited Speaker
April 27, 2019	Couch KS, Hurlow J. Topical Management. Wound Infection Summit, Atlanta GA. Invited Speaker
February 9, 2019	Overstreet NG, Severance H, Couch KS. Post-Acute Care: Unique Settings, Considerations and Expectations. Pressure Ulcer Summit, Atlanta GA. Invited Speaker/Moderator
February 7, 2019	Cowan LC, Borchert KM, Couch KS. Assessing Your Pressure Ulcer Program: Counting What Counts. Pressure Ulcer Summit Pre-Conference, Atlanta GA. Invited Speaker/Moderator
November 3, 2018	Schaum K, Couch KS. Coding, Compliance and Documentation for Ulcer Debridement. No More Guessing! Symposium on Advanced Wound Care, Las Vegas NV, Invited Speaker
November 2, 2018	Couch KS, Milne C. Assessing and Treating Skin Tears. Symposium on Advanced Wound Care, Las Vegas NV, Invited Speaker/Moderator

April 29, 2018 Corbett LQ, Couch KS. Not Created Equal, Deciding Which Guideline or Guideline Document to Use. Symposium on Advanced Wound Care, Charlotte NC, Invited Speaker

April 28, 2018 Couch KS, Haddow MB. Doubling Down on Let's Make a Deal. Symposium on Advanced Wound Care, Charlotte NC, Invited Moderator/Speaker

April 25-29 2018 Zakhary SA, Davey C, Bari R, Bean J, Reber T, Gallagher K, Couch K, Hurlow J, Laforet K, McIsaac C, Napier K, Vilar-Compte D, Zakhary E, Hermans M and Bolton L. *Pearls from a Multidisciplinary Wound Infection Guideline*. Wound Healing Society, Symposium on Advanced Wound Care, Charlotte NC. Invited Poster Presentation

April 5-7, 2018 Zakhary SA, Davey C, Bari R, Bean J, Reber T, Gallagher K, Couch K, Hurlow J, Laforet K, McIsaac C, Napier K, Vilar-Compte D, Zakhary E, Hermans M and Bolton L. *Pearls from a Multidisciplinary Wound Infection Guideline*. Diabetic Limb Salvage 2018, Washington DC, Invited Poster Presentation

February 10, 2018 Couch KS, Kuhnke J, Aslam R, Whitesell. *Prevention Interventions*. Pressure Ulcer Summit. Atlanta GA, Moderator/Steering Committee

June 23, 2017 Couch KS. Wound Care for the Primary Care Clinic: Beyond Abrasions, Bruises and Cuts. American Association of Nurse Practitioners National Meeting, Philadelphia PA. Invited speaker

April 8, 2017 Couch KS, Haddow MB. How to Help Patients Succeed in Wound Healing: Let's Make a Deal!. Symposium on Advanced Wound Care, San Diego CA. Invited Speaker/Moderator

April 7, 2017 Couch KS, Driver V. After Amputation, Now What? How to Maximize Function and Protect the Residual Limbs. Symposium on Advanced Wound Care, San Diego CA. Invited Speaker/Moderator

December 1-2, 2016 Bolton LL, Girolami S, Corbett LQ, Couch KS, Gould L, Zachary S, Davey C, Laforet K, Merkle D, Lavery L, Cowan L. Consolidating Guidelines to Harmonize Wound Management. American College of Wound Healing annual meeting, Chicago IL. (poster presentation)

October 28, 2016 Couch KS. *Diabetic Foot Ulcers*. New England Wound Ostomy Continence Nurses Conference, Newport RI. Invited Speaker

October 21, 2016. Couch KS. Silver as a Valuable Tool for Clinicians. American Academy of Women Podiatrists Meeting, Naples, FL. Invited Speaker

September 9, 2016 Couch KS. Dressings: It's Not as Simple as It Seems. Stepping Stones to Excellence in Wound Care, Virginia Commonwealth University Hospital Annual Conference. Invited Speaker

June 23, 2016 Couch KS. Wound Care Today: Tissue, Toxins and Treatment American Association of Nurse Practitioners 2016 Annual Meeting. San Antonio TX. Invited speaker.

April 15, 2016, Couch KS, McNish S, Banerjee A, Amdur R, Shanmugam V. Opioid Use Impacts Wound Healing in Patients with Chronic Wounds: Analysis of the WE-HEAL Study data. Symposium for Advanced Wound Care. Spring Meeting. (poster presentation)

Dec. 5, 2015 Couch KS, McNish S, Banerjee A, Amdur R, Shanmugam V. Opioid Use Impacts Wound Healing in Patients with Chronic Wounds: Analysis of the WE-HEAL Study

- data. American College of Wound Healing and Tissue Repair 5<sup>th</sup> Annual Meeting. (poster presentation)
- Sept. 27, 2015 Couch, KS. “Dehydrated Amniotic Tissue Used to Treat Recalcitrant Wounds: A Case Series”. Symposium for the Advancement of Wound Care Fall (poster presentation)
- June 24, 2015 Banerjee A, McNish S, Couch KS, Shanmugam VK. Elevation of Interferon Gamma in Hidradenitis Suppurativa wound fluid compared to chronic wounds. (poster presentation)
- June 24, 2015 McNish S, Banerjee A, Couch KS, Shanmugam VK. Change in cytokine profile in healing compared to recalcitrant chronic wounds. (poster presentation)
- June 10, 2015 Couch KS. Wound Care Today: Tissue, Toxins and Treatments. Grand Rounds, Womack Army Medical Center, Fort Bragg, Fayetteville NC. Invited Speaker.
- Dec. 5, 2014, Couch, KS. “Dehydrated Amniotic Tissue Used to Treat Recalcitrant Wounds: A Case Series”. American College of Wound Healing and Tissue Repair, Chicago IL (poster presentation)
- Oct.11, 2014 Couch, KS. “New Wound Care Technologies That Are Worth Your Time and Your Money” Invited Lecture: Diabetic Limb Salvage: A TEAM Approach 2014
- Oct 11, 2014 Couch KS “Workshop: Wound Care, Compression, and Casting”: Diabetic Limb Salvage: A TEAM Approach 2014, Invited Facilitator
- April 26, 2014 Couch, KS, Amaya, R, Armstrong, DG. “What’s the Real Story on Wound Healing and Medihoney” Breakfast Symposium. Symposium on Advanced Wound Care. Orlando, FL.
- April 24, 2014 Couch, KS, Gallagher, K- Patient-Centered Approach to Dressing Selection. Moderator and Speaker: Symposium on Advanced Wound Care, Orlando FL.
- Spring 2014 Couch, KS; Potter, BK. Heterotopic Ossification as a Secondary Cause of Wounds in the Combat-Related Amputee. Symposium for Advanced Wound Care, Orlando, FL. (poster presentation)
- Spring 2014 Cnossen, LC, Couch, KS. Hydroconductive Dressings Used to Heal Dehisced Incisions in Amputated Limbs: A Case Series. Symposium for Advanced Wound Care, Orlando, FL. (poster presentation)
- Spring 2014 Couch, KS, Cnossen, LC. Hypochlorous Acid and Hydroconductive Dressings Used in Conjunction for the Management of Complex Wounds. Symposium for Advanced Wound Care, Orlando, FL. (poster presentation)
- December 6, 2013 Couch, KS; Potter, BK. Heterotopic Ossification as a Secondary Cause of Wounds in the Combat-Related Amputee. American College of Wound Healing and Tissue Repair, 3rd Annual Meeting, Chicago Il., (poster presentation)
- October 12, 2013 Couch, KS, et al Wound Care 101Workshop. Diabetic Limb Salvage: A TEAM Approach, Washington D.C.
- Fall 2013 Couch, KS; Cnossen LA; Hough, C. Hydroconductive Dressings Used to Heal Dehisced Surgical Wounds: A Case Series. Symposium on Advanced Wound Care, Las Vegas, NV. (poster presentation)
- August 9, 2013 Couch, KS- Complex Management of Abdominal Wounds Florida Academy of Physician Assistants, Boca Raton, Fl

June 23rd, 2013 Couch, KS- Interdisciplinary Wound Healing: Perils, Products and Pearls. Virginia Podiatric Medical Association. Virginia Beach, VA.

October 13, 2012 Couch, KS, Goodman, D- Dressings and Advanced Topicals: How Far Can We Go? Diabetic Limb Salvage: A TEAM Approach Washington, DC,

November 8, 2011 Couch, KS Bioengineered Tissues AMSUS 2011, FISIG 2011 San Antonio TX,

September 27, 2011 Couch, KS, Goodman, D Dressings Workshop Diabetic Limb Salvage: A TEAM Approach, Washington, DC,

July 24, 2011 Stojadinovic, A; Paletta, C; Couch, KS; Izadjoo, M. Combat Wound Initiative- Wounds of War National Medical Association National Meeting. Washington, DC,

June 17, 2011 Couch, KS Abdominal Wound Care-Keys to Success for Outpatient Management Abdominal Wall Reconstruction, Washington, DC

April 2011 Couch, KS, et al Joint Service Initiative: Operational Advanced Wound Care Formulary and Guideline. Symposium on Advanced Wound Care, San Antonio, TX, (Poster Presentation)

January 26, 2011 Couch, KS, Crumbley, DR. Critical Advances in Wound Care for the Wounded Warrior. Military Healthcare System Conference, National Harbor, Fort Washington, MD

October 16, 2010 Couch, KS, Goodman D Dressings Workshop Diabetic Limb Salvage: A TEAM Approach Washington D.C.

April 2010 Couch, KS. Incorporating Cell Based Treatment into Your Practice Symposium for the Advancement of Wound Care. , Orlando, FL

September 26, 2009 Couch KS, Goodman D Dressings: Finding Your Way Through the Masses Diabetic Limb Salvage: A TEAM Approach, Washington DC

April 18, 2009 Couch, KS. Preoperative Management of the Diabetic Patient. American Society for Perioperative and Anesthesia Nurses (ASPAN) National Conference. Ft. Washington, MD,

September 18, 2008 Steinberg, JS, Couch, KS Dressings Finding Synthesis in the Cacophony Diabetic Limb Salvage: A TEAM Approach, Washington DC

July 18, 2008 Couch, KS, Attinger CE Bilayered Living Cell Therapy for Your Patients and Your Practice. Wound care SST. Chicago, IL

April 2008 Couch, KS; Shanmugam, VK; Steen, VD; Kessler, C; Cupps, TR; Attinger CE. Clinical and Laboratory Features of Lower Extremity Ulcers in Connective Tissue Diseases and Atrophie Blanche. Symposium for the Advancement of Wound Care. (poster presentation)

September 29, 2007 Couch, KS Wound Dressings: Deciphering the Discord. Diabetic Limb Salvage, A TEAM Approach. Washington, DC

September 27. 2007 Couch, KS DIME, Managing Infection and Moisture Balance, Diabetic Limb Salvage, A TEAM Approach, Washington, DC

October 2006 Couch, KS Vasculitic Ulcers; Wound Dressings. Presented during: Evidence Based Wound Healing; American Society of Plastic Surgeons annual meeting, San Francisco, CA

## Professional Registrations, Licenses, Certification

(2020-current)	Fellow, the Association for the Advancement of Wound Care (FAAWC)
(2019-current)	American Board of Wound Healing- Certified Hyperbaric and Wound Specialist (CHWS)
(2018-current)	Wound Ostomy Contenance Board Certification- Certified Wound Care Nurse-Advanced Practice (CWCN-AP)
(2016-current)	American Heart Association      Advanced Cardiac Life Support (ACLS)
(2004-2019)	American Board of Wound Management- Certified Wound Specialist (CWS)
(2003-current)	American Nurses Credentialing Center- Family Nurse Practitioner (FNP-BC)
(2002-2009)	Orthopaedic Nursing Certified (ONC)
(1995-current)	American Heart Association- Basic Life Support (BLS)

## Licensure

(2014-current)	DEA number MC3244186, issue date 07/23/14
(2014-current)	DC Controlled Substances Number: CN0300432, Issue Date: 07/01/16
(2003-current)	NPI number 1972502169
(2003-current)	Nurse Practitioner, District of Columbia NP960009
(1999-current)	Registered Nurse, State of Virginia 0001165598
(1999-current)	Registered Nurse, District of Columbia RN960009

## Grants Awarded or Pending

Project Title: [1162088-1] Validation of a Pressure Ulcer Description Tool PI- Ruth Bryant PhD, RN Co-I Kara Couch MS, CRNP, CWS Allina IRB	01/28/18
R01-NR013888                      Shanmugam (PI) Genomics, Biomarkers, and Mechanisms of Healing in Chronic Wounds The overarching goal of this clinical-translational study is to investigate hypothesized differences in host immune and angiogenesis pathways, wound biofilm, wound-related patient reported pain and analgesic use between recalcitrant and healing chronic wounds. Role: Nurse Scientist 20% effort	08/01/12-05/31/17

## Societies and Honors

(January 2024-current)	President, Association for the Advancement of Wound Care
(October 2023-current)	Vice-Chair, Alliance of Wound Care Stakeholders
(November 22-October 23)	Co-Chair, Alliance of Wound Care Stakeholders
(May 2022-current)	Co-Chair, Wound Care Community: American Association of Nurse Practitioners (AANP)
(May 2022-current)	Global Editorial Board member, Wound Masterclass
(January 2022-Jan 2024)	President-Elect: Association for the Advancement of Wound Care
(March 2021-current)	Member- Prophylactic Dressing Standard Initiative, a joint venture of the NPIAP and EPUAP
(December 2020)	Association for the Advancement of Wound Care, Leg Ulcer and Compression Days Summit, Steering Committee
(2020-current)	Fellow, the Association for the Advancement of Wound Care (FAAWC)
December 2020	President's Award- the Association for the Advancement of Wound Care
(2020-current)	Association for the Advancement of Wound Care- co-chair, Education Committee
(2019)	Association for the Advancement of Wound Care, Co-Chair, Lower Extremity Summit
(2019-current)	Amputee Coalition, Chair, Scientific and Medical Advisory Committee
(2019)	Association for the Advancement of Wound Care, Steering Committee, Wound Infection Summit
(2019-current)	Invited peer reviewer: Advances in Skin and Wound Care
(2018-current)	WoundSource- Editorial Advisory Board Member
(2018-December 2021)	Association for the Advancement of Wound Care- Secretary, Executive Committee, 2 <sup>nd</sup> Term begins January 2020
(2018-current)	Amputee Coalition- Chair, Scientific and Medical Advisory Committee
(2017-2021)	Association for the Advancement of Wound Care, Steering Committee, Pressure Ulcer Summit
(2017-2019)	Association for the Advancement of Wound Care, Task Force Member, Pressure Ulcer Description Tool
(2017-current)	Association for the Advancement of Wound Care, Education Committee Member
(2017-current)	Association for the Advancement of Wound Care, Co-Chair, International Consolidated Guidelines Task Force
(2017-2019)	Amputee Coalition- Scientific and Medical Advisory Committee Member
(2017-current)	Association for the Advancement of Wound Care- Co-Chair, International Guidelines Diabetic Ulcer Guideline
(2017-current)	Wound Management and Prevention (formerly Ostomy-Wound Management)- Editorial Board Member
(2017-current)	Today's Wound Clinic- Editorial Board Member
(2016-current)	Undersea and Hyperbaric Medicine Society Member
(2016-current)	Invited peer reviewer: International Wound Journal
(2016-2019)	Association for the Advancement of Wound Care, Board of Directors (2016-2018), Nurse Member, 2 <sup>nd</sup> term Nurse Board Member (2018-2020)
(2016-current)	Alliance of Woundcare Stakeholders, Board of Directors (2016-current)
(2015-2017)	Current Dialogues in Wound Management- Editorial Board Member
(2015-2018)	Association for the Advancement of Wound Care- Co-Chair, International Consolidated Venous Ulcer Guideline (ICVUG)
(2014-current)	Invited peer reviewer: Advances in Wound Care
(2013-current)	Alliance of Wound Care Stakeholders Member, Liaison for the American Association of Nurse Practitioners
(2012-2014)	American College of Wound Healing and Tissue Repair- Member and Working Group for Fellowship Curriculum Development
2012	AMSUS 2012- Federal Interdisciplinary Skin Integrity Group (FISIG) Planning Committee
(2011-2017)	Association for the Advancement of Wound Care, International Consolidated Guideline Task Force (ICGTF) Member- Wound Infection Care Initiative (WICI)
2011	AMSUS 2011- Federal Interdisciplinary Skin Integrity Group (FISIG) Planning Committee
(2006-2008)	Wound Care Specialty Council: Association for the Advancement of Wound Care.

(2006-current)	Special Interest Group Co-Director: Wound Clinics Department
(2004-current)	Society for Vascular Nurses, District of Columbia Chapter
(2004-current)	Association for the Advancement of Wound Care- AAWC
(2002-current)	Nurse Practitioner Association- District of Columbia
(2002-current)	American Association of Nurse Practitioner
(1998-current)	Sigma Theta Tau, Tau Chapter
	Shenandoah Valley Nursing Honor Society

## Honors

2021	Journal of Wound Care World Union of Wound Healing Societies Innovation in Surgical Site Infection- 2 <sup>nd</sup> Place for the AAWC International Consolidated Wound Infection Guideline
2017	Growth Award, George Washington University Hospital, February 2017
2006	Nurse of the Year, Limb Center, Georgetown University Hospital
2002	Promoted to Clinical Nurse III, Georgetown University Hospital
2002	Inducted- Sigma Theta Tau Nursing Honor Society, Tau Chapter, Georgetown University
1999	Dean's List, James Madison University
1995	Dean's List, James Madison University

## Administrative Duties and Hospital Activities

2024-current	Member, Medical Executive Committee, GW Hospital
2021-current	Advanced Practitioner Residency Program Committee, GW Hospital
2020-current	Hospital Quality Council, member, GW Hospital
2018-current	Patient Safety Council, HAPU Committee representative, GW Hospital
2017-current	Hospital Acquired Pressure Ulcer (HAPU) Committee, Chair, GW Hospital

## Regulatory/Legislative Activities

2023-current	Clinician Member- MACRA Episode-Based Cost Measure Wave 6 Clinician Expert Workgroup, Centers for Medicare and Medicaid Services
2021-2022	Clinician Member- Wound Care and Skin Substitute Contractor Advisory Committee, Noridian Healthcare Solutions

## Educational Achievements

### a) Courses Taught

2023-current	Couch KS "Wound Care for the Medicine AI", Monthly repeating lecture for 4 <sup>th</sup> year medical students, George Washington University School of Medicine and Health Studies
Spring 2018	Cordrey, R, Couch KS (lecturers) "Management of Integumentary Dysfunction" PT417, Department of Health, Human Function and Rehabilitation Science, George Washington University
Spring 2017	Couch KS, Farhat F. "Basic Principles of Wound Management" POM IV course School of Medicine, George Washington University



- Spring 2017 Cordrey, R, Couch KS (lecturers) “Management of Integumentary Dysfunction” PT417, Department of Physical Therapy, George Washington University
- Spring 2016 Cordrey, R, Couch KS (lecturers) “Management of Integumentary Dysfunction” PT417, Department of Physical Therapy, George Washington University
- Spring 2015 Cordrey, R, Couch KS, Kelley, T (author, lecturers) “Management of Integumentary Dysfunction” PT417, Department of Physical Therapy, George Washington University
- April 25, 2014 Couch, KS (author, lecturer), Cnossen, LC. *Topical Therapy and Case Studies*. 7<sup>th</sup> Annual DoD Wound Course, Walter Reed National Military Medical Center, Bethesda MD
- October 8, 2013 Couch. KS (author, lecturer) – *Caring for Those Who Served Us, Wounds of the Wounded Warriors* Virginia Hospital Center Wound Symposium, Arlington, VA
- April 2013 Couch, KS, (author, lecturer) Cnossen, LC- Topical Therapy, 6<sup>th</sup> Annual DoD Wound Course, Walter Reed National Military Medical Center, Bethesda MD
- October 2011 Couch, KS, (author, lecturer) Cnossen LC, Topical Therapy 5<sup>th</sup> Annual DoD Wound Care Course, Walter Reed National Military Medical Center, Bethesda, MD,
- March 2010 Couch KS. (author, lecturer) Topical Therapy 4<sup>th</sup> Annual DoD Wound Care Course, National Naval Medical Center, Bethesda MD
- March 2010 Couch, KS. (author, lecturer) Pain Management in Wound Care 4<sup>th</sup> Annual DoD Wound Course, National Naval Medical Center, Bethesda MD
- March 2010 Couch, KS (author, lecturer). Wound Center Development. 4<sup>th</sup> Annual DoD Wound Course, National Naval Medical Center, Bethesda MD
- May 6, 2009 Couch, KS. (author, lecturer) Lower Extremity Ulcer Etiology, Diagnosis and Management 2<sup>nd</sup> Integrated Wound Course, National Naval Medical Center
- April 18, 2009 Couch, KS. (author, lecturer) Preoperative Management of the Diabetic Patient. American Society for Perioperative and Anesthesia Nurses (ASPAN) National Conference.
- September 2007 Couch, KS (author, lecturer) Advanced Wound Healing Techniques in the Vascular Patient. Presented at the Greater Washington Society for Vascular Nursing
- January 17, 2007 Couch, KS (author, lecturer) Antimicrobial use in the Age of Antibiotic Resistance Presented at OR Nurses Skills Day. Georgetown University Hospital
- Jan 2003-May 2005 Georgetown University School of Nursing and Health Studies, Department of Professional Nursing, Washington, D.C.  
Adjunct Clinical Instructor (lecturer)  
-Taught 2 sections of N011, Health Assessment  
-RN Refresher Course Faculty

## New Courses or Programs Developed

April 2021	Leg Ulcer and Compression Days Summit- Planning Committee, Moderator, Speaker- virtual meeting
November 2019	Lower Extremity Summit, Co-Chair, Moderator, Speaker, Sacramento California
April 2019	Wound Infection Summit, Steering Committee and Speaker, Atlanta Georgia
August 2018	Skin Champions Program, George Washington University Hospital
February 2018- current	Pressure Ulcer Summit, Steering Committee, Session Moderator, Speaker Atlanta Georgia

Complex Wound Team- Walter Reed National Military Medical Center

Department of Defense Wound Care Course, presented annually to teach wound care to nurses throughout the world and those in the forward deployed settings.

October 2006	Couch, KS; Attinger CE; Steinberg JS. Innovations in Advanced Wound Healing Conference Day conference. Meeting planner and lecturer
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## Students or post-doctoral fellows for whom you served as primary advisor

Simcha Gratz, ACAGNP, BSN  
Stacy Usher, DNP  
Leslie Cnossen, RN, BSN  
LTC Charlotte Hough, FNP-BC  
Julie McSweeney, MS, FNP-BC

## Consultant Appointments

2023- current	Healogics Inc, Consultant, Paid
2023-current	Reapplix, Consultant, Paid
2022-current	3M/Solventum, Consultant/Speaker's Bureau, Paid
2019-current	Urigo Medical North America, Consultant/Speaker's Bureau, Paid
2007-current	Organogenesis Inc, Speaker's Bureau, Paid



