



Viviana Gonçalves

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WORK EXPERIENCE

15/03/2021 – CURRENT Porto

SPECIALIST NURSE PRACTITIONER IN MANAGEMENT OF COMPLEX WOUND CARE CENTRO HOSPITALAR E UNIVERSITÁRIO DE SÃO JOÃO

- Management of outpatients' clinic and management of the complex wounds of all patients in cardiac and thoracic surgery;
- Execution of treatment of complex wounds, with advanced technologies.
- Elaboration of protocols for the prevention of dehiscence of surgical wounds in patients undergoing cardiac surgery (neonates, pediatrics and adults);
- Collaboration in the management of the service, replenishing stocks and verifying the needs of the service, in advanced technology material for wound care.
- Active participation in in-service training.

15/09/2015 – 14/03/2021 Porto, Portugal

NURSE IN INTENSIVE CARE CENTRO HOSPITALAR E UNIVERSITÁRIO DE SÃO JOÃO - HOSPITAL DE SÃO JOÃO E.P.E

- Management of outpatients' clinic and management of the complex wounds of all patients in cardiac and thoracic surgery;
- Execution of treatment of complex wounds, with advanced technologies.
- Elaboration of protocols for the prevention of dehiscence of surgical wounds in patients undergoing cardiac surgery (neonates, pediatrics and adults);
- Nurse at the Intensive and Intermediate Care Unit of Cardiothoracic Surgery at Hospital de São João;
- Preparation and administration of medications.
- Execution of hygiene and comfort care for ventilated and monitored patients.
- Surveillance and continuous monitoring of diminished signals and ventilatory parameters.
- Maintenance of the airway.
- Execution and maintenance of continuous renal replacement techniques.
- Specimen collection.
- Care for patients with acute, chronic and physiological pain.
- Manipulation of central venous, arterial, epidural catheters, Swan-Ganz cannula, and extracorporeal oxygenation circuits (ECMO therapy).
- Surveillance and maintenance of thoracic drains.
- Collaboration and support for invasive maneuvers, namely emergent opening of the chest performing percutaneous tracheostomies, central venous cannula, arterial cannula, Swan-Ganz cannula and chest tubes.
- Immediate post-operative care for critically ill patients (recovery).
- Participation in Cardiac Resuscitation.
- Support for the patient's family in a critical situation.
- Collaboration in the management of the service, replenishing stocks and verifying the needs of the service, in advanced technology material for wound care.
- Active participation in in-service training.
- All nursing care for patients undergoing cardiothoracic surgery.

2017 – 2020 Porto, Portugal

OPERATING ROOM NURSE HOSPITAL DOS LUSÍADAS PORTO

Anesthesia Nurse

08/06/2014 – 06/09/2015 Londres, United Kingdom

NURSE RESPONSIBLE FOR GENERAL CARE CHARING CROSS HOSPITAL - IMPERIAL COLLEGE HEALTHCARE NHS TRUST

- Nursing care for private inpatients of the Imperial College Healthcare NHS Trust;
- General nursing care for patients with elective surgery and patients admitted for medical pathology.
- Collaboration with TVN team in the management of wound care for private patients of the Imperial College Healthcare NHS Trust

01/11/2013 – 07/06/2014 Southampton, United Kingdom

NURSE RESPONSIBLE FOR GENERAL CARE SOUTHAMPTON GENERAL HOSPITAL - UNIVERSITY HOSPITAL SOUTHAMPTON NHS FOUNDATION TRUST

- General care nurse in Hepatopancreaticobiliary Surgery ward;
- All nursing care for patients with liver, pancreatic and biliary disease;
- Management of surgical pain.

01/07/2013 – 07/09/2013 Matosinhos, Portugal

NURSE CLIMED - CLÍNICA MÉDICO-CIRÚRGICA SENHOR DO PADRÃO

Nursing Care in outpatient clinic

01/01/2013 – 30/09/2013 Porto, Portugal

COORDINATOR NURSE REDENCED, ENFERMEIROSPT

- Team management in nursing home care

01/07/2023 – 27/01/2024 Aveiro, Portugal

ORGANIZING COMMITTEE - EXECUTIVE COMMITTEE 1º CONGRESSO INTERNACIONAL DA VIABILIDADE TECIDULAR E CUIDADOS À PESSOA COM FERIDA

Organization of the Congress together with the Scientific Committee

01/01/2018 – CURRENT

PUBLICATIONS

- "Nightmares in saphenous harvest veins in cardiac surgery" - Revista Portuguesa de Cirurgia Cardio-Torácica e Vascular, Volume 26, nº4.

- "Terapia Por Pressão Negativa na prevenção e tratamento da ferida complexa", E-book - Novembro 2018. ISBN: 978-989-20-9012-2.

- "Recomendação PUPRO - Prevenção de Úlceras por Pressão na Posição PRONO e em Doentes com ECMO e outros dispositivos médicos em contexto de Cuidados Intensivos (Medicina Intensiva - Doente Crítico). Associação Portuguesa Tratamento de Feridas, 2020, ISBN: 978-989-54770-5-0.

- "Pele: o "templo" que nos identifica e protege. White Paper, Associação Portuguesa Tratamento de Feridas. 2021, ISBN: 978-989-54770-9-8.

01/08/2016 – CURRENT

TRAINER

- I Curso de Feridas de Lisboa e Vale do Tejo 2016 - "Tomada de Decisão: Ferida Infetada" - Lisboa, 17th September 2016;

- Curso Pré-Simpósio APTFeridas 2017 - "Material de Penso - O Paradigma da Escolha" - 8th November 2017;

- VI Encontro de Feridas de Trás-os-Montes e Alto Douro - "Pratiqué & Aplique: Terapia por Pressão Negativa" - Vila Real, 5th May 2018;

- Curso Pré-Congresso APTFeridas 2018 - "Terapia por Pressão Negativa na Prevenção e Tratamento da Ferida Complexa" - 14th November 2018;

- Workshop: "Preparação do Leito da Ferida - Conceito TIME integrado no WI-FI: Wounds and Innovation" - Escola Superior de Saúde Jean Piaget, Vila Nova de Gaia, 16th May 2019;

- II Encontro de Feridas do Minho 2019 - "Material de Penso - Upgrade" - Barcelos, 5th June 2019;

15/09/2015 – 24/05/2022

SPEAKER (I)

- Curso Pré-Simpósio APTFeridas 2015 - "Tomada de Decisão: Ferida Infetada", Exponor, 25th November 2015;

- Oficina Prática: "Pratiqué e Aplique - Antimicrobianos e antissépticos" - Congresso APTFeridas 16, Exponor, 3rd November 2016;

- Oficina Prática: "Biofilmes: do diagnóstico ao tratamento - Casos Clínicos" - Congresso APTFeridas 16, Exponor, 3rd November 2016;

- Oficina Prática 1: "Biofilmes" - Simpósio APTFeridas 2017, Exponor, 10th November 2017;

- Mesa de Enfermagem de Cirurgia Cardiotorácica: "Prevenção/Tratamento da deiscência da ferida cirúrgica", Congresso SPCCTV 4D Visions 17, Albufeira, 24th November 2017;

- Oficina Prática 3: "Biofilmes" - Congresso APTFeridas 2018, Pavilhão Multiusos de Gondomar, 15th November 2018;

- Mesa Redonda: "Terapia por Pressão Negativa - Mecanismo de Prevenção de Deiscência Cardiotorácica" - Congresso APTFeridas 2018, Pavilhão Multiusos de Gondomar, 16th November 2018;

- Oficina Prática 10: "Ferida Atípica" - Congresso APTFeridas 2018, Pavilhão Multiusos de Gondomar, 16th November 2018;

- "WI-FI: Wounds and Innovation - Introdução e enquadramento do tema" - Escola Superior de Saúde Jean Piaget, Vila Nova de Gaia, 16th May 2019;

- Mesa Redonda: "Terapia por Pressão Negativa - Prevenção da Ferida Cirúrgica" - Congresso APTFeridas 2019, Pavilhão Multiusos de Gondomar, 22nd November 2019;

- Mesa de Enfermagem de Cirurgia Cardiotorácica: "Os desafios da equipa multidisciplinar na prevenção das complicações da ferida cirúrgica", Congresso SPCCTV 4D Visions 20, Figueira da Foz, 27th November 2020;

- Round Table Nursing Module: Innovation and technology in support of clinical decision - "Complex pediatric wounds" - Sobratafe Global Advanced Wound Care Meeting 2021, Brasil, 22nd October 2021;

- Mesa Redonda: Desconstruir na pele a qualidade de vida - "Feridas que Mordem" - Congresso APTFeridas 2.1: [Des]construir o conhecimento, Pavilhão Multiusos de Gondomar, 26th November 2021;

- Pediatric Symposium: "Prevention of sternotomy dehiscence with Negative Pressure Wound Therapy in Paediatrics" - WUWHS 2022, Abu Dhabi, United Arab Emirates, 4th March 2022;

- "Na pele do doente... com ferida cirúrgica", Webinar Mölnycke, 7th April 2022

- "É para Cicatrizar? É com a Urgo - Pilares da Infecção das Feridas - Modelo REAL", Webinar, 27th April 2022;

- "The challenges of the multidisciplinary team in preventing surgical wound complications" - 6th International Conference on Wound Care, Nursing and Tissue Science, Prague, Czech Republic, 20th May 2022;

- Key Session - Paediatric Wounds: "Antimicrobials in paediatric care" - EWMA 2022, Paris, France, 23rd May 2022;

- Curso NeoSpot 2022 - Cuidados Especiais de Enfermagem Neonatal: "Terapia por Pressão Negativa em Recém Nascidos com Cardiopatia", Faculdade de Medicina da Universidade do Porto em colaboração com o serviço de Neonatologia do Centro Hospitalar e Universitário de São João, 24th May 2022;

SPEAKER (II)

- "Soluções Cutâneas para Feridas Expostas" - Congresso Internacional de Feridas e Lesões Multiproblemáticas, 3rd June 2022;
- "É para Cicatrizar? É com a Urgo - DesPÉrta: o protocolo nacional para o pé diabético", Webinar, 22nd June 2022;
- "É para Cicatrizar? É com a Urgo - Abordagem ao tratamento local das feridas cirúrgicas", Webinar, 26th October 2022;
- Simpósio Paralelo - Powered by Urgo - "Viagem ao Mundo das Feridas" - Congresso APTFeridas'22: Evidência sem Fronteiras, Altice Forum Braga, 16th November 2022;
- Simpósio Paralelo - Powered by Smith & Nephew - "Novas Evidências com Impacto na Prática Clínica Real" - Congresso APTFeridas'22: Evidência sem Fronteiras, Altice Forum Braga, 16th November 2022;
- Session Mölnlycke - Real-life experiences of a single-use, canister-based negative pressure wound therapy (NPWT) system - "Dehiscence prevention with NPWT - the reality in cardiothoracic surgery" - 3 - 5 May, Milan, Italy, EWMA 2023;
- "Gestão da ferida cirúrgica após cirurgia cardíaca: as novas abordagens na prevenção da deiscência" - 2ª Reunião Científica Internacional de Enfermagem Pediátrica, Centro Hospitalar e Universitário de São João, 26th September 2023
- "A importância da oxigenoterapia tópica na na qualidade de vida dos doentes com ferida, no hospital e em casa" - Congresso APTFeridas Gala 25 anos: O futuro começa agora." Pavilhão Multiusos de Gondomar, 10th November 2023;
- "Como os fatores de crescimento viabilizam a regeneração tecidual?" - Powered by Exelderma - 1º Congresso Internacional da Viabilidade Tecidual e Cuidados à Pessoa com Ferida, Aveiro, 26 -27th January 2024
- Feridas em Pediatria: "Abordagens diferenciadas na gestão da ferida cirúrgica" - 1º Congresso Internacional da Viabilidade Tecidual e Cuidados à Pessoa com Ferida, Aveiro, 26 -27th January 2024

POSTERS

- "Terapia por Pressão Negativa na Cirurgia Cardiorácica" - VIII Congresso Internacional de Gestão de Feridas Complexas - 30 - 31 March 2017, Lisboa, FORMASAU;
- "Closed Incision Negative Pressure Wound Therapy to prevent the dehiscence of sternotomy" - 9 - 11 May 2018, Krakow, Poland, EWMA 2018;
- "Prevention of Sternotomy Dehiscence with Negative Pressure Wound Therapy in Neonates" - 5 - 7 de June 2019, Gothenburg, Sweden, EWMA 2019;
- "Impacto do Octassulfato de Sacarose numa Úlcera por Pressão no calcâneo" - 21 - 22 November 2019, Gondomar, APTFeridas 19;
- "A caminho da cirurgia cardíaca: A interação das fibras de poliacrilato de amónio com prata e o octassulfato de sacarose com terapia compressiva" - 25 - 27 November 2021, Gondomar, APTFeridas 2.1;
- "Prevention of Sternotomy Dehiscence with Negative Pressure Wound Therapy in Paediatrics" - 1 - 5 March 2022, Abu Dhabi, United Arab Emirates, WUWHS 2022;
- "Once a Upon a Time... A cardiac surgery wound team" - 1 - 5 March 2022, Abu Dhabi, United Arab Emirates, WUWHS 2022;
- "Prevention of Sternotomy Dehiscence in Neonates with Negative Pressure Wound Therapy" - 1 - 5 March 2022, Abu Dhabi, United Arab Emirates, WUWHS 2022;

- "Prevention of Sternotomy Dehiscence with Negative Pressure Wound Therapy in Paediatrics" - 23 - 25 May 2022, Paris, France, EWMA 2022;

- "Hyperoxygenated fatty acids in surgical wounds with signs of hypoxia" - 23 - 25 May 2022, Paris, France, EWMA 2022;

- "Wound Management Protocol of Left Ventricular Assist Device Driveline Exit-Site" - 3 - 5 May, Milan, Italy, EWMA 2023;

- "The combined use of sucrose octasulfate with TLC-AG helaing matrix and polyabsorbent fiber in the debridement of non-viable tissue in neonates, paediatrics and adults - Case Series" - 3 - 5 May, Milan, Italy, EWMA 2023;

15/09/2015 – CURRENT

ORAL COMMUNICATIONS

- "Nightmares in saphenous harvest veins in cardiac surgery". Congresso SPCCTV 4D VISIONS 19

- "Prevention of Sternotomy Dehiscence with Negative Pressure Wound Therapy in Neonates". Congresso SPCCTV 4D VISIONS 21

- "Nursing Care Protocol of Left Ventricular Assist Device Driveline Exit-Site". Congresso SPCCTV 4D VISIONS 22

EDUCATION AND TRAINING

01/09/2022 – CURRENT

MASTER DEGREE IN NURSING - CRITICAL CARE Universidade Católica Portuguesa

18/02/2023 – 30/06/2023

WOUND CARE SPECIALIST Universidade de Aveiro

2016 – 2017

POST-GRADUATE IN OPD Instituto Piaget de Vila Nova de Gaia

2016 – 2017

POST-GRADUATE IN OPD - ANESTHETICS Instituto Piaget de Vila Nova de Gaia

02/05/2016 – 01/08/2016 Vila Nova de Gaia, Portugal

CERTIFICADO DE COMPETÊNCIAS PEDAGÓGICAS ENA

Certificado nº F647336/2016

01/01/2016 – CURRENT

EUROPEAN WOUND MANAGEMENT ASSOCIATION MEMBER EWMA

01/09/2006 – 25/10/2012 Porto, Portugal

NURSING DEGREE Faculdade das Ciências da Saúde - Universidade Fernando Pessoa

National classification B (ESGC) - 16 valores

LANGUAGE SKILLS

Mother tongue(s): **PORTUGUESE**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C2	C1	C1	C1
ITALIAN	B2	B1	B1	B1	A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● **DIGITAL SKILLS**

Microsoft Word | Microsoft Office | Microsoft powerpoint | Whatsapp | Internet user | Good listener and communicator | Responsibility | Decision-making | Creativity | Flexibility | Motivated | Teamwork oriented | Written and Verbal skills | Organizational and planning skills | Strategic Planning | Critical thinking | Teamwork

● **ADDITIONAL INFORMATION**

ORGANISATIONAL SKILLS

Organization Skills - Good leadership skills;
- Good integration and relationship skills within the multidisciplinary team.

COMMUNICATION AND INTERPERSONAL SKILLS

Communication Skills Good communication skills