

Alison Hopkins MBE, FQNI, MSc, DN Cert, RGN

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CAREER HISTORY

2011 – Present Accelerate Health CIC, London

Chief Executive Accelerate Health CIC, a membership led social enterprise with a passion to change people's lives with chronic wounds and lymphoedema and associated impact on gait and mobility.

- Development of a unique multidisciplinary Treatment Centre and Academy to create improved outcomes
- Focus on optimising therapeutic compression, thereby reducing harm in lower leg management for patients, practitioners and the local health economy.

1995 – 2011 Tower Hamlets Community Health Services, London

2009- 2011 Head of Service for the Wound Care and Lymphoedema Service.

1995 – 2009 Clinical Nurse Specialist (Tissue Viability)

September 2002 – June 2003: Secondment as Lecturer to the Wound Healing Research Unit, Cardiff University.

1993-1995 City and east London Family and Community Health Services

Project Leader (District Nurse) for 'Well Leg Project', Stepney Nursing Development Unit

1987-1993 Tower Hamlets Health Authority

District Nurse

- Established the first leg ulcer clinic within Tower Hamlets (1989) with Guidelines and education for community nursing
- Qualified RGN 1984**

Leader in quality and excellence

- 2019 Queens Nursing Institute Fellowship award
- 2019 Tissue Viability Society Lifetime Achievement Award
- 2018, MBE for Nursing in the Queen's Birthday Honours for Services to Nursing
- 2017 Coalition founder for the national Legs Matter Campaign <https://legsmatter.org/>
- 2013 Tissue Viability Nurse of the Year, British Journal Nursing 2013

Expert Practitioner

- Joint Chair Legs Matter Coalition
- Honorary Lecturer, Cardiff University
- Chair of Tissue Viability Society 2011-13
 - MSc Psychology and Health (1st), 2002, City University, London. Dissertation: *Living with chronic venous leg ulcers: adaptation, coping and the factors that influence this process.* [Published British Journal of Nursing 2004]

Key publications from 2006-2024:

- Mitchell, Ritchie and Hopkins (2024 *In Press*) Lower Limb and Leg Ulcer Assessment and Management. Wiley
- Hopkins A (2023) Increasing the use and impact of compression therapy: understanding the barriers to optimal provision. *JWM* 24 (3): 81-86.
- Hopkins A and Samuriwo R (2022) Comparison of compression therapy use, lower limb wound prevalence and nursing activity in England: a multisite audit. *JWC* 31;12: 1016-1028
- Samuriwo R, Christiansen N, Hopkins A. Use of compression therapy to treat lower limb wounds across Europe: a scoping review protocol. *BMJ Open* 2020 10: e039008. doi:10.1136/bmjopen-2020-039008
- Hopkins, Bull and Worboys (2017) Needing more: the case for extra high compression in the UK. *Veins and Lymphatics* <http://www.pagepressjournals.org/index.php/vl/article/view/6630/6336>
- Hopkins A and Worboys F (2015) Establishing community wound prevalence within an inner London borough: exploring the complexities. *J Tissue Viability* 24, 42-49
- Hopkins A, Worboys F, Partsch H (2013) Using strapping to increase local pressure. *Veins and Lymphatics*. Vol 2,12
- Hopkins A, Worboys F, Bull R, Fareilly I (2011) Compression strapping: the development of a novel compression technique to enhance compression therapy and healing for "hard to heal" leg ulcers. *International Wound Journal* 8:474-83
- Hopkins, A., C. Dealey, Bale S, DeFloor T, Worboys F. (2006). "Patient stories of living with a pressure ulcer." *Journal of Advanced Nursing* 56(4): 345-53.