The power and importance of compression therapy

WHY you need to get it right!

Compression therapy has the power to heal wounds: it is a cornerstone in the treatment of most ulcers on the lower legs - this is supported by substantial evidence and guidelines.

Without compression therapy, many wounds will not heal, and patients may suffer from non-healing wounds for years. This is harmful to the patients and expensive for the healthcare systems. Getting compression right for the patient keeps them safe and reduces the cost and time associated with treatment.

With compression therapy it is possible to:

- Increase blood flow in the legs
- Improve blood flow to the heart
- Support the veins
- Decrease swelling

Compression therapy has many benefits:

**MULTIFUNCTIONAL**
- Reduces venous hypertension
- Has anti-inflammatory properties
- Reduces pain and exudation
- Reduces skin problems and oedema
- Reduces healing time and re-occurrences

**GOOD PATIENT OUTCOMES**
- Improves patients’ lives
- Empowers patients to engage in their wound healing
- Easily adaptable
- Good patient acceptance

**BENEFITS**
- Simple to use
- Makes a great difference

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