

Curriculum Vitae for: **Magdalena Annersten Gershater**

ORCHID 0000-0003-4395-2522

Education:

1989 Registered Nurse

2011-10-28 Doctoral degree in Nursing Science, Malmö University

Employments

1990 - 1994 RN at Lund University Hospital, Department of Medicine. (diabetology, cardiology, internal medicine).

1994-1995 RN at the Heart Center, Rigshospitalet, Copenhagen Ward for Heart- and Lung transplants.

1997-2001 Research nurse, Lund University Hospital, Department of Medicine.

2001-01-01-2008-02-12 Study Nurse coordinator at Öresund Diabetes Team AB, Ideon Science Park, Lund.

2008-02-13-2013-09-01 Study Nurse at Malmö University Hospital, Dept. of Endocrinology

2011-05-01-2013-08-30 Lecturer Diabetes Nursing Malmö University, Faculty of Health and Society, Department of Care Science

2013-09-01-ongoing Senior Lecturer Diabetes Nursing Malmö University, Faculty of Health and Society, Department of Care Science

Publications

1. Annersten M & Frid A (2000) Insulin Pens Dribble from the Tip of the Needle After Injection. *Practical Diabetes International Vol 17* 4:109-111.
2. Annersten M & Willman A (2005) Performing Subcutaneous Injections: A Literature Review *World Views on Evidence Based Nursing* 2 (3): 122-130.
3. Annersten M, Frid A, Dahlberg G, Högberg M & Apelqvist J (2004) Structured Diabetes Education with Patients in Sweden. A national inquiry with 583 nurses working with diabetes patients in hospitals and primary care facilities. *Practical Diabetes International* 2005 November Vol 22 No 9 1-5.
4. Grill-Wikell H, Annersten M & Frid, A (2005) Pain in connection with capillary blood test at different sites in palm. *European Diabetes Nursing* Vol 2. No 2 65-68.

5. Annersten M & Wredling R. (2006) How to write a research proposal. *European Diabetes Nursing* Vol 3. No 2102-105.
6. Gershater MA, Löndahl M, Nyberg P, Larsson J, Thörne J, Eneroth M, Apelqvist J. Complexity of factors related to outcome of neuropathic and neuroischaemic/ischaemic diabetic foot ulcers: a cohort study. *Diabetologia*. 2009 Mar;52(3):398-407.
7. Annersten Gershater M, Frid A & Apelqvist J (2009) Treatment satisfaction with insulin glargine in patients with diabetes mellitus in a university hospital clinic in Sweden. *European Diabetes Nursing* (6) 1: 17-22.
8. Gershater M Pilhammar Andersson E & Alm Roijer C (2009) Documentation of diabetes in home nursing service in a Swedish Municipality. *Scandinavian Journal of Caring Sciences*; 2011; 25; 220–226.
9. Annersten Gershater M & Apelqvist J Prévention des ulcères du pied diabétique. *Journal des Plaies et Cicatrisations* Décembre 2009 tome XIV No 71 37-40.
10. Annersten Gershater M, Frid A & Leksell J Kunskapsunderlag att administrera -subkutana injektioner till vuxna personer. *Svensk Sjuksköterskeförening*
http://www.swenurse.se/PageFiles/5624/Nr%20160,%202%20feb,%20Re-Aktion_injektion_web.pdf
11. Annersten Gershater M (2010) Prevention av diabetesfotsår. *Sår* (4)2:31-32.
12. Annersten Gershater M, Pilhammar E & Alm Roijer C (2011) Prevention of foot ulcers in patients with diabetes in home nursing. Registered Nurses work. A Qualitative Interview Study. (2013) *European Diabetes Nursing*.(10) 2
13. Mehica L, Gershater M & Alm Roijer C (2013) Diabetes and infected foot ulcer: a survey of patients' perceptions of care during the preoperative and postoperative periods *European Diabetes Nursing*. (10) 3:91-95.
14. Annersten Gershater M, Pilhammar E, Apelqvist J. & Alm Roijer C. Patient education for the prevention of diabetic foot ulcers: Interim analysis of a randomized controlled trial due to morbidity and mortality of participants (2011) *European Diabetes Nursing* (8) 3: 102-107.
15. Gershater M. The use of clinical guidelines during the treatment of diabetic foot ulcers in four Nordic countries *EWMA Journal*, Nov2016; 16(2): 23-26.
16. Annersten Gershater M & Apelqvist J. Elderly individuals with diabetes and foot ulcer have a probability for healing despite extensive comorbidity and dependency *Expert Rev Pharmacoecon Outcomes Res* 2020 Jun 12;1-8.
doi: 10.1080/14737167.2020.1773804.
17. Rosvall A, Axelsson M, Toth E, Kumlien C & Annersten Gershater M. Patients' experiences before, during and after a colonoscopy procedure: A qualitative study. *Gastroenterology Nursing* 2021 Nov/Dec 44(6).

18. Hussein A & Annersten Gershater M. The diabetic foot in hospitalised stroke patients: Documentation of nursing actions and the need for improvement. Journal of Wound management 2021. DOI: 10.35279/jowm202104.02

Dissertation:

Annersten Gershater M: Prevention of Foot Ulcers in Patients with Diabetes Mellitus. Nursing in Outpatient Settings. Malmö University Health and Society Doctoral Dissertation 2011:5. ISBN 978-91-7104-412-9 <http://muep.mau.se/handle/2043/12383>

Oral Presentations at

- | | |
|---------------|--|
| 2000-05-19-21 | SITE: Second Injection Technique Event Meeting
Barcelona <i>Injection technique survey</i> |
| 2003 | IDF Paris
<i>Structured Diabetes Education with Patients in Sweden. A national inquiry with 583 nurses working with diabetes patients in hospitals and primary care facilities.</i> |
| 2003-06-10 | Vårdstämman Stockholm
<i>Injektionsteknik- Hur gör patienten?</i> |
| 2006-09-26 | Alliance Apotek Gjelleråsen, Norge
<i>Diabetes i hjemmesykeplejen.</i> |
| 2006 | Education tour with Becton Dickinson Copenhagen, Stockholm, Göteborg and Malmö <i>Varför svänger blodsockret?</i> |
| 2008-11-14 | Welt Diabetes Tag Berlin
<i>Wie leben Kinder und Jugendliche mit Diabetes in Schweden?</i> |
| 2009-03-05 | Vårdforskningens dag: Malmö University/Vårdakademin Malmö University Hospital
<i>Hur går det för äldre patienter med diabetes och fotsår?</i> |
| 2009-09-10-13 | TITAN: Third Injection Technique Workshops in Athens.
<i>Athens Injection technique survey</i> |
| 2010-08 | AADE 37th Annual Meeting San Antonio TX, USA.
<i>Shaking it up: New Findings in Injection Therapy and What it Means for Diabetes Best Practice.</i> |
| 2010-11-25 | Vårdakademiskt café: Vårdakademin Malmö University Hospital
<i>Sjuksköterskans arbete med diabetespatienter som har hög risk för fotsår. Vem är patienten? Vad kan sjuksköterskan göra?</i> |
| 2010-11-25 | ANDIS-dagen Malmö University Hospital
<i>Sjuksköterskans arbete med prevention av fotsår.</i> |

- 2010-12-08 EUDWG *Plenary Meeting* European Parliament, Brussels, Belgium 'The Grand Challenge: Delivering for Diabetes in Europe'.
- 2011 6th International Symposium on the Diabetic Foot Noordwijkerhout, the Netherlands *Diabetic patients with previous foot ulcer: their awareness of factors related to development of foot ulcers.*
- 2012 EWMA Wien, Austria
Auto amputation in diabetic foot ulcers with minor gangrene.
- 2012-05-21 Sårforum för sjuksköterskor och undersköterskor Region Skåne: Skånes Universitetssjukhus *Prevention av fotsår hos diabetiker.*
- 2012-10-17 Regional Diabetessjuksköterskedag Region Skåne: Skånes Universitetssjukhus Diabetesteamet *Prevention av fotsår hos personer med diabetes.*
- 2014-01 VDBD Berlin, Germany *Diabetespflge in Schweden*
- 2014-11-05 Nordic Diabetic Foot Symposium in Malmö.
Results from a survey on the organization of Diabetic Foot Care in four Nordic Countries.
- 2015-05 24 7th International Symposium on the Diabetic Foot, Haag, the Netherlands *Outcome of fore foot gangrene in the diabetic foot.*
- 2016-09-13 Region Skåne: Skåne University Hospital, Malmö Njurkliniken Fortbildningsdag för sjuksköterskor och undersköterskor.
Omvårdnad av patienter med diabetes och fotsår
- 2016-09-28 European Society for Vascular Surgery 30th Annual Meeting, Copenhagen. *Prevention of foot ulcers in patients with diabetes*
- 2016-11-03 EMEA Nurse Symposium Wien
Diabetes Complications Update: Nursing in the diabetic foot.
- 2019-09-26 ESVS The ESVS 33rd Annual Meeting Hamburg,
Diabetes nurse specialist perspective

Poster presentations

1. FEND München 2004

Diabetes Specialist Nurse the spider in the web in the Diabetic Foot Clinic.

2. SFSD Symposium, Stockholm 2005

Diabetes in Home nursing service. Award: First price for best poster.

3. Therapeutic Patient Education Florence, Italy 2007

Assessment of patient needs for an education program for assisted diabetes self care providers in home care service.

4. 5th International Symposium on the Diabetic Foot. 2007, Noordwijkerhout

a) Complexity of factors related to Outcome of Neuropathic and Neuroischemic/ischemic Diabetic Foot Ulcers.

b) Assessment of patient needs for an education program for assisted diabetes self care providers in home care service.

5. EWMA 2010, Geneva

a) Registered nurses in home nursing service preventing diabetes foot ulcers?

b) How to design a RCT for evidence based intervention to prevent diabetes foot ulcers. Award: EWMA Poster Prize.

c) Association between TNF, Ager and MHC2A polymorphisms and diabetic foot ulcer.

6. 6th International Symposium on the Diabetic Foot. 2011, Noordwijkerhout

a) Prevention of foot ulcers in patients with diabetes in home nursing: Registered nurses' work. A qualitative interview study

b) Diabetes Specialist Nurse: the Spider in the Web at the diabetic foot center.

c) Education program on the hospital ward: increasing competence of health care providers management of diabetic patients hospitalized for diabetic foot ulcers.

7. EWMA 2012 Wien

Increase Competence of Health care staff; Management of Diabetic Patients hospitalized for foot ulcers.

8. 7th International Symposium on the Diabetic Foot. 2015, Haag

a) Self care in prevention of the diabetic foot in women with healed foot ulcer: Patients' opinions about living with high risk feet.

b) Prevention of new foot ulcers in patients with diabetes and previous healed ulcer on the foot below the ankle.

9. FEND 2016 München

The Diabetic foot in Hospitalized Stroke Patients: Risk, Prevalence and Nursing

actions.

10. 8th International Symposium on the Diabetic Foot. 2019, Haag

- a) Admission due to diabetic foot ulcer related complications may lead to increased self-care needs and changed home-situation after discharge
- b) Re-ulceration and mortality in patients with diabetes and a healed foot ulcer after participation in foot ulcer preventive education

Memberships

- Swedish Nurses' Association
- FEND (Foundation of European Nurses in Diabetes)
- EWMA 2011- ongoing
- EWMA Council 2012 - 2018
- EWMA Scientific committee 2014-2019

Honorary position

Co editor International Diabetes Nursing – the official journal of FEND

Ongoing Research Projects:

- Discharged from hospital after inpatient care for the diabetic foot – a comparison of nursing needs at admission and discharge
- Biobarriers – Health, Disorders and Healing: Clinical applications for the diabetic foot

Malmö 2021-05-30

Magdalena Annersten Gershter