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PREVENTION AND TREATMENT OF COMPLICATIONS IN NUTRITIONAL STOMAS

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Aim: Prevention and treatment of complications in nutritional stomas

Introduction: The treatment of a stoma is often associated to various problems depending on its typology and seat; cutaneous integrity is an essential requirement for proper management and application of any stomal device. A multidisciplinary approach to wound care, can ameliorate the stomized patient's quality of life.

Methods: Artificial Nutrition sometimes causes cutaneous problems such as infection of tube insertion area (gastrostomy or jejunostomy). Among the minor complications following the positioning of PEG, "peristomal infection" is represented in 5,4% – 30%, "leakage" in 1% – 2%, "Buried Bumper Syndrome" in 0,3% – 2.4% and "fistulization" in 0,3% – 6,7%. Only the 1,6% need aggressive medical treatment.

Results: An accurate assessment, identification and treatment of the wound using advanced dressings can soothe the patient's pain, reduce treatment time and materials needed.

Discussions: The advice and/or the intervention of experts can be really important in the treatment of a "nutritional stoma" patient; the acceptance of the stoma on the patient's side can depend on the absence of cutaneous problems connected to it.