

**CHANGE IN THE TREATMENT OF CHRONIC WOUNDS:
AN EXAMPLE OF STRATEGY**

Sara Rufo¹; Carla Venâncio²; Rosa Zambrano³

¹*Centro de Saude, Paredes de Coura, Portugal;* ²*Centro de Saude, Valença, Portugal;*

³*Centro de Saude, Vila Nova de Cerveira, Portugal*

Resumo: O seu resumo deve utilizar a Fonte Arial 11 e deve caber na caixa.

Os seguintes parágrafos devem constar no resumo: Objectivo, método, resultados e conclusões/discussão. Não insira os detalhes do autor.

Objective: Explain, in summary, the operation of a project for the change in the treatment of CW (chronic wounds) applied in a PHI (Primary Healthcare Institution) whose main objective is the implementation of the change in the approach to the CW, focused on the TIME tool.

Methods: Identification of a needs diagnosis for the nursing team in the CW management area, in an Primary Healthcare Institution, using methodological instruments (observation and reflection of used practices; informal individual interview). Subsequently, the intervention area was prioritized: evaluation and record of the CW. Finally, an example of strategy was raised for the change in the treatment of CW, focused in the training during service hours.

Results: With this intervention project a change of behaviours in the treatment of CW was reached, by the nursing team. Initially, only 20% of the nursing staff strictly accomplished an initial assessment of the CW, 0% repeated it every 2 weeks, as well as in their approach according to the TIME tool. In the end, it was accomplished that 75% of the nurses, reached in full their proposed objectives.

Discussion: After the effectuation of the training during service hours in the CW area, the nursing team assumed the compromise of making the initial evaluation of CW in the first contact with the patient and repeat it every 2 weeks, adopting an CW approach focused in the TIME tool.

Conclusion: In 5 weeks of operation, 55% of the treatments made to CW accomplished the objective proposed by the project, with 25% of the treatments having nursing discharge, being verified with the adoption of new practices a decrease of 25% of CW in the target healthcare institution.