

“A DIFFERENT APPROACH TO BURNS”

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Aims: Reduce the risk of infection; improve the quality of life of the burned patient; reduce the trauma and pain caused by changing dressings; increase periods between treatments; promote full healing in a short time; and improve the cost-benefit ratio.

Method: The wound treatment section is increasingly becoming an important function in Nursing performance and it is therefore a constant challenge to stay up to date. For that reason, it is worthwhile to carry out case studies establishing practices based on evidence.

A patient with a 2nd-degree burn was chosen for application of an atraumatic dressing with silver.

Results: As the case study progressed, it was noted that the atraumatic dressing made it possible to space out treatments more, which was not the case with conventional treatment. Changing the dressing was painless and atraumatic. Following the treatment carried out, the wound was not infected, healing was effective in a short time, and there were few dressing changes. The quality of life of the burn patient was improved and there was a positive cost-benefit ratio.

Conclusion / Discussion: The atraumatic dressing with silver has become a dressing of choice for healing or for improving the patient's quality of life, i.e. reducing pain, which is validated by the FACES scale.